

附录二 婴幼儿体重、身长(高)参考标准

附录二表 1 0-3 岁男童体重、身长(高)参考标准

年龄	体重(千克)							身长(高)(cm)						
岁 月	-3SD	-2SD	-1SD	均数	1SD	2SD	3SD	-3SD	-2SD	-1SD	均数	1SD	2SD	3SD
0 0	2.1	2.5	2.9	3.3	3.9	4.4	5.0	44.2	46.1	48.0	49.9	51.8	53.7	55.6
1	2.9	3.4	3.9	4.5	5.1	5.8	6.6	48.9	50.8	52.8	54.7	56.7	58.6	60.6
2	3.8	4.3	4.9	5.6	6.3	7.1	8.0	52.4	54.4	56.4	58.4	60.4	62.4	64.4
3	4.4	5.0	5.7	6.4	7.2	8.0	9.0	55.3	57.3	59.4	61.4	63.5	65.5	67.6
4	4.9	5.6	6.2	7.0	7.8	8.7	9.7	57.6	59.7	61.8	63.9	66.0	68.0	70.1
5	5.3	6.0	6.7	7.5	8.4	9.3	10.4	59.6	61.7	63.8	65.9	68.0	70.1	72.2
6	5.7	6.4	7.1	7.9	8.8	9.8	10.9	61.2	63.3	65.5	67.6	69.8	71.9	74.0
7	5.9	6.7	7.4	8.3	9.2	10.3	11.4	62.7	64.8	67.0	69.2	71.3	73.5	75.7
8	6.2	6.9	7.7	8.6	9.6	10.7	11.9	64.0	66.2	68.4	70.6	72.8	75.0	77.2
9	6.4	7.1	8.0	8.9	9.9	11.0	12.3	65.2	67.5	69.7	72.0	74.2	76.5	78.7
10	6.6	7.4	8.2	9.2	10.2	11.4	12.7	66.4	68.7	71.0	73.3	75.6	77.9	80.1
11	6.8	7.6	8.4	9.4	10.5	11.7	13.0	67.6	69.9	72.2	74.5	76.9	79.2	81.5
1 0	6.9	7.7	8.6	9.6	10.8	12.0	13.3	68.6	71.0	73.4	75.7	78.1	80.5	82.9
1	7.1	7.9	8.8	9.9	11.0	12.3	13.7	69.6	72.1	74.5	76.9	79.3	81.8	84.2
2	7.2	8.1	9.0	10.1	11.3	12.6	14.0	70.6	73.1	75.6	78.0	80.5	83.0	85.5
3	7.4	8.3	9.2	10.3	11.5	12.8	14.3	71.6	74.1	76.6	79.1	81.7	84.2	86.7
4	7.5	8.4	9.4	10.5	11.7	13.1	14.6	72.5	75.0	77.6	80.2	82.8	85.4	88.0
5	7.7	8.6	9.6	10.7	12.0	13.4	14.9	73.3	76.0	78.6	81.2	83.9	86.5	89.2
6	7.8	8.8	9.8	10.9	12.2	13.7	15.3	74.2	76.9	79.6	82.3	85.0	87.7	90.4
7	8.0	8.9	10.0	11.1	12.5	13.9	15.6	75.0	77.7	80.5	83.2	86.0	88.8	91.5
8	8.1	9.1	10.1	11.3	12.7	14.2	15.9	75.8	78.6	81.4	84.2	87.0	89.8	92.6
9	8.2	9.2	10.3	11.5	12.9	14.5	16.2	76.5	79.4	82.3	85.1	88.0	90.9	93.8
10	8.4	9.4	10.5	11.8	13.2	14.7	16.5	77.2	80.2	83.1	86.0	89.0	91.9	94.9
11	8.5	9.5	10.7	12.0	13.4	15.0	16.8	78.0	81.0	83.9	86.9	89.9	92.9	95.9

续表附录二表 1

年龄	体重(千克)							身长(高)(cm)						
岁 月	-3SD	-2SD	-1SD	均数	1SD	2SD	3SD	-3SD	-2SD	-1SD	均数	1SD	2SD	3SD
2 0	8.6	9.7	10.8	12.2	13.6	15.3	17.1	78.7	81.7	84.8	87.8	90.9	93.9	97.0
								78.0	81.0	84.1	87.1	90.2	93.2	96.3
1	8.8	9.8	11.0	12.4	13.9	15.5	17.5	78.6	81.7	84.9	88.0	91.1	94.2	97.3
2	8.9	10.0	11.2	12.5	14.1	15.8	17.8	79.3	82.5	85.6	88.8	92.0	95.2	98.3
3	9.0	10.1	11.3	12.7	14.3	16.1	18.1	79.9	83.1	86.4	89.6	92.9	96.1	99.3
4	9.1	10.2	11.5	12.9	14.5	16.3	18.4	80.5	83.8	87.1	90.4	93.7	97.0	100.3
5	9.2	10.4	11.7	13.1	14.8	16.6	18.7	81.1	84.5	87.8	91.2	94.5	97.9	101.2
6	9.4	10.5	11.8	13.3	15.0	16.9	19.0	81.7	85.1	88.5	91.9	95.3	98.7	102.1
7	9.5	10.7	12.0	13.5	15.2	17.1	19.3	82.3	85.7	89.2	92.7	96.1	99.6	103.0
8	9.6	10.8	12.1	13.7	15.4	17.4	19.6	82.8	86.4	89.9	93.4	96.9	100.4	103.9
9	9.7	10.9	12.3	13.8	15.6	17.6	19.9	83.4	86.9	90.5	94.1	97.6	101.2	104.8
10	9.8	11.0	12.4	14.0	15.8	17.8	20.2	83.9	87.5	91.1	94.8	98.4	102.0	105.6
11	9.9	11.2	12.6	14.2	16.0	18.1	20.4	84.4	88.1	91.8	95.4	99.1	102.7	106.4
3 0	10.0	11.3	12.7	14.3	16.2	18.3	20.7	85.0	88.7	92.4	96.1	99.8	103.5	107.2

附录二表 2 0-3 岁女童体重、身长(高)参考标准

年龄	体重(千克)							身长(高)(cm)						
岁 月	-3SD	-2SD	-1SD	均数	1SD	2SD	3SD	-3SD	-2SD	-1SD	均数	1SD	2SD	3SD
0 0	2.0	2.4	2.8	3.2	3.7	4.2	4.8	43.6	45.4	47.3	49.1	51.0	52.9	54.7
1	2.7	3.2	3.6	4.2	4.8	5.5	6.2	47.8	49.8	51.7	53.7	55.6	57.6	59.5
2	3.4	3.9	4.5	5.1	5.8	6.6	7.5	51.0	53.0	55.0	57.1	59.1	61.1	63.2
3	4.0	4.5	5.2	5.8	6.6	7.5	8.5	53.5	55.6	57.7	59.8	61.9	64.0	66.1
4	4.4	5.0	5.7	6.4	7.3	8.2	9.3	55.6	57.8	59.9	62.1	64.3	66.4	68.6
5	4.8	5.4	6.1	6.9	7.8	8.8	10.0	57.4	59.6	61.8	64.0	66.2	68.5	70.7
6	5.1	5.7	6.5	7.3	8.2	9.3	10.6	58.9	61.2	63.5	65.7	68.0	70.3	72.5
7	5.3	6.0	6.8	7.6	8.6	9.8	11.1	60.3	62.7	65.0	67.3	69.6	71.9	74.2
8	5.6	6.3	7.0	7.9	9.0	10.2	11.6	61.7	64.0	66.4	68.7	71.1	73.5	75.8
9	5.8	6.5	7.3	8.2	9.3	10.5	12.0	62.9	65.3	67.7	70.1	72.6	75.0	77.4
10	5.9	6.7	7.5	8.5	9.6	10.9	12.4	64.1	66.5	69.0	71.5	73.9	76.4	78.9
11	6.1	6.9	7.7	8.7	9.9	11.2	12.8	65.2	67.7	70.3	72.8	75.3	77.8	80.3

附录二表 2 续表

年龄	体重(千克)							身长(高)(cm)						
岁 月	-3SD	-2SD	-1SD	均数	1SD	2SD	3SD	-3SD	-2SD	-1SD	均数	1SD	2SD	3SD
1 0	6.3	7.0	7.9	8.9	10.1	11.5	13.1	66.3	68.9	71.4	74.0	76.6	79.2	81.7
1	6.4	7.2	8.1	9.2	10.4	11.8	13.5	67.3	70.0	72.6	75.2	77.8	80.5	83.1
2	6.6	7.4	8.3	9.4	10.6	12.1	13.8	68.3	71.0	73.7	76.4	79.1	81.7	84.4
3	6.7	7.6	8.5	9.6	10.9	12.4	14.1	69.3	72.0	74.8	77.5	80.2	83.0	85.7
4	6.9	7.7	8.7	9.8	11.1	12.6	14.5	70.2	73.0	75.8	78.6	81.4	84.2	87.0
5	7.0	7.9	8.9	10.0	11.4	12.9	14.8	71.1	74.0	76.8	79.7	82.5	85.4	88.2
6	7.2	8.1	9.1	10.2	11.6	13.2	15.1	72.0	74.9	77.8	80.7	83.6	86.5	89.4
7	7.3	8.2	9.2	10.4	11.8	13.5	15.4	72.8	75.8	78.8	81.7	84.7	87.6	90.6
8	7.5	8.4	9.4	10.6	12.1	13.7	15.7	73.7	76.7	79.7	82.7	85.7	88.7	91.7
9	7.6	8.6	9.6	10.9	12.3	14.0	16.0	74.5	77.5	80.6	83.7	86.7	89.8	92.9
10	7.8	8.7	9.8	11.1	12.5	14.3	16.4	75.2	78.4	81.5	84.6	87.7	90.8	94.0
11	7.9	8.9	10.0	11.3	12.8	14.6	16.7	76.0	79.2	82.3	85.5	88.7	91.9	95.0
2 0	8.1	9.0	10.2	11.5	13.0	14.8	17.0	76.7	80.0	83.2	86.4	89.6	92.9	96.1
								76.0	79.3	82.5	85.7	88.9	92.2	95.4
1	8.2	9.2	10.3	11.7	13.3	15.1	17.3	76.8	80.0	83.3	86.6	89.9	93.1	96.4
2	8.4	9.4	10.5	11.9	13.5	15.4	17.7	77.5	80.8	84.1	87.4	90.8	94.1	97.4
3	8.5	9.5	10.7	12.1	13.7	15.7	18.0	78.1	81.5	84.9	88.3	91.7	95.0	98.4
4	8.6	9.7	10.9	12.3	14.0	16.0	18.3	78.8	82.2	85.7	89.1	92.5	96.0	99.4
5	8.8	9.8	11.1	12.5	14.2	16.2	18.7	79.5	82.9	86.4	89.9	93.4	96.9	100.3
6	8.9	10.0	11.2	12.7	14.4	16.5	19.0	80.1	83.6	87.1	90.7	94.2	97.7	101.3
7	9.0	10.1	11.4	12.9	14.7	16.8	19.3	80.7	84.3	87.9	91.4	95.0	98.6	102.2
8	9.1	10.3	11.6	13.1	14.9	17.1	19.6	81.3	84.9	88.6	92.2	95.8	99.4	103.1
9	9.3	10.4	11.7	13.3	15.1	17.3	20.0	81.9	85.6	89.3	92.9	96.6	100.3	103.9
10	9.4	10.5	11.9	13.5	15.4	17.6	20.3	82.5	86.2	89.9	93.6	97.4	101.1	104.8
11	9.5	10.7	12.0	13.7	15.6	17.9	20.6	83.1	86.8	90.6	94.4	98.1	101.9	105.6
3 0	9.6	10.8	12.2	13.9	15.8	18.1	20.9	83.6	87.4	91.2	95.1	98.9	102.7	106.5

备注: 2 岁时实线上为 ≤ 2 岁幼儿的卧式身长, 实线下为 ≥ 2 岁幼儿的站式身高

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